

SUNDAY MORNING OPPORTUNITIES

IN CHRISTIAN EDUCATION

At the 9:30 hour unless otherwise noted.

Bible Study: 1 Samuel

Adults – Main Level Conference Room.

Bible Study: The Bible Jesus Read

Adults – Creative Arts Room-LL.

Kingdom Kids, for Age 3-Grade 6,

Register in Main Level Room 118.

Confirmation, ongoing program for
Grades 7-8, Lower Level 117/118.

Oasis: High School Youth, Grades 9-12,
Lower Level SALTeens Lounge.



ANDY'S CAFÉ
Serving Lunch
after 11:00 Worship.
Good food & fellowship!
\$9 per person

Bridge & Fellowship

Friday, February 21 at 7:00 pm, Commons

All levels of play are welcome, and lessons are available for those interested. RSVP to hosts Carol McShane and Bunny Tjaden at bjtjaden@gmail.com or 301-929-1226. To arrange lessons, contact Greg Cook at gregory.a.cook63@gmail.com or 301-929-1224.



INCLEMENT WEATHER POLICY

In the case of inclement weather, please listen to **WTOP radio (103.5FM)** or visit wtopnews.com for info regarding the cancellation of worship.

ANNOUNCEMENTS WEEK OF FEBRUARY 9, 2020

Retirement Celebration Next Sunday

On **February 16** at all worship services we will honor and thank Pastor Ken Carlson for his 11 years of faithful service at St. Andrew prior to his retirement at the close of 2019. Come for worship and greet Pastor Ken & Carolyn between services at a reception in the Commons.

Health Warriors Support Group

Tuesday, February 11 at 10:30 am

Are you dealing with a chronic health concern, or supporting someone who is? Join us in the Prayer Room on the Lower Level to learn and share with others on the same path. For more information, contact Sheila Langston at slangstos@gmail.com.

Thrivent Members, It's Choice Time!



Help St. Andrew by directing your 2019 Thrivent "Choice Dollars" to our ministry at St. Andrew. **Designation must be made annually, and deadline is March 31.** Visit thrivent.com/thriventchoice and click the "Get Started" link or call 800-847-4836 to designate.

Light Yoga is Back!

Thursdays at 7:00 pm

Combine the ancient practice of yoga with Christian music,  scripture and prayer. Discover how yoga can become a time of renewal and healing in Christ, which includes stretching, strengthening, balance, breathing and meditation. All levels are welcome – no experience necessary. Come stretch your body and your faith! Bring a yoga mat or beach towel. Free will offering will benefit St. Andrew ministries. Contact instructor Kendra LoBosco at klobosco@gmail.com for more information.



Lutheran Social Services Refugee Resettlement Collection

During February, the Social Ministry Team will be accepting donations to help LSS set up homes and “lend a hand” to refugee families who are being resettled in our area. **Specific items are requested:** new or gently used tableware, flatware, cookware, kitchen knives and utensils, mixing and serving bowls, blankets, sheets (twin, full or queen), baby strollers, car seats. Diapers, new/unopened toiletries and cleaning supplies are also needed. Place items in the designated bin in the Coat Room. Gift cards (Target & grocery) and financial contributions are also helpful. Place these items in the offering plate marked “LSS Refugees.” You can also visit lssna.org/get_involved/wish-list for a full list of accepted donation items. **Questions?** Contact or Carol Petzold at petzold37@gmail.com.



Pancake Supper

February 25
5:00 pm – 7:00 pm

Your Hosts & Chefs:
“Men of Panera” & Friends
*Free Will Offering
Will Benefit Youth Missions*



Worship

February 26
11:00 am & 7:00 pm

*with Holy
Communion
and the
Imposition of Ashes*



FIRST HOLY COMMUNION CLASS

Sundays

Feb 23 -March 22
12:30-1:15 pm

Does your child express an interest in, or curiosity about Holy Communion? If so, he or she may be ready to learn more and prepare to take part in this holy sacrament. Children in grades 4-6 are eligible to participate in this 5-week class designed to cover the history, theology and practice of this holy sacrament. Upon completion, participants will celebrate their first Holy Communion on Sunday, March 29. Lunch for participants will be served at noon. **For more information and to register, visit mystandrew.org/events/first-holy-communion-class. Questions? Email Robyn at robynhowland@hotmail.com.**

Social Ministry Meeting

Monday, February 17 at 9:30 am

The Social Ministry Team is always seeking ways to share God’s love and care with those in need in our community. Join our next meeting on President’s Day in the Conference Room. Bring your ideas! **Questions?** Contact Carol Petzold at petzold37@gmail.com.

Living Well Chronic Disease Management Workshop

Wednesdays, February 26 – April 1

9:30 am – 12:00 pm, Room 117 Lower Level

Join this 6-week workshop to help you enjoy a healthier life! Learn how to maximize your potential even when coping with ongoing health concerns such as Parkinson’s disease, heart disease, asthma, high blood pressure, diabetes, mild depression, obesity, osteoporosis, breathing problems and more. Open to anyone living with a chronic condition as well as family members and caregivers. FREE, but space is limited. Register today at holycrosshealth/disease-management or 301-754-8800. **Questions?** Contact Marilee in the church office.

Common Ground

A Ministry of Education, Fellowship & Worship for Adults



Wednesdays

February 12 – February 19

Dinner – 6:00 pm

Informal Praise & Prayer – 6:30 pm

Group Time – 6:40 pm

Closing – 7:45pm

To assist with planning, please register online at mystandrew.org.

Childcare available with a reservation.

THE EPISTLES OF ST. JOHN

When lecturing on 1 John, Martin Luther professed, "I have never read a book written in simpler words than this one, and yet the words are inexpressible." In this series we will examine the historical-cultural context in which John's Epistles were written, discuss their major theological themes, and explore issues like the aspects of love addressed in 1 John, the threat from false teachings, and the assurance of salvation. Led by Joe Chiaravallotti. 4 sessions. (1/29-2/19)

WRESTLING WITH THE "TOUGH STUFF"

Many of us have a running list of "Questions to Ask God One Day" - things we wonder about but know we'll never get answers to on this side of heaven. But in the meantime, we still have to deal with difficult stuff in our lives and questions that can "rock" our faith. Come to see what the Bible has to say about tough stuff and how, even without all the answers, we can still live in hope. Led by Pastor Nick González. 2 sessions. (2/5-2/12)

CHILDREN IN FOSTER CARE: HOW CAN YOU HELP?

Hundreds of thousands of children spend time in foster care each year. You can play a critical role in these children's lives, providing much-needed stability and care to help them heal. Come for a panel discussion with professionals and St. Andrew members who have experience as foster parents. Learn how you can get involved through prayer, mentoring, advocacy, childcare or as foster parents. Bring your questions! Maybe you could share the love of Jesus with a child in need? 1 session. (2/12)

ESTATE PLANNING AND ENDOWMENT GIVING

Come to learn how endowment giving can benefit your estate plan and leave a powerful legacy that will bring blessings to God's Kingdom now and in the years ahead. Led by Harold Lowe, Certified Financial Planner. 1 session. (2/19)

THE FORGIVENESS QUIZ

How well do you know what forgiveness is and what it isn't? Come for a discussion based on the teachings of our faith and the writings of Dr. David Stoop. Find out how you score on "The Forgiveness Quiz." Led by Pastor Mark Hricko. 1 session. (2/19)