

SUNDAY MORNING OPPORTUNITIES IN CHRISTIAN EDUCATION

At the 9:30 hour unless otherwise noted.

Bible Study: The Book of Daniel

Adults – Main Level Conference Room.

Bible Study: What's So Amazing About Grace?

Adults – Creative Arts Room.

Kingdom Kids, for Age 3-Grade 6,
Register in Main Level Room 118.

Confirmation, ongoing program for
Grades 7-8, Lower Level 117/118.

High School Youth for Grades 9-12,
Lower Level SALTeens Lounge.



Good food & fellowship!
Lunch served after
the 11 am service,
\$9 per person.

INCLEMENT WEATHER POLICY



In the case of inclement weather, please listen to **WTOP radio (103.5FM)** or visit wtopnews.com for info regarding the cancellation of worship.

MONDAY, JANUARY 21

**Monday Night Worship
at 7 pm**

Church Office CLOSED



MLK DAY

ANNOUNCEMENTS WEEK OF JANUARY 20, 2019

Blood Pressure Screening

TODAY from 9:00 am – 1:00 pm

Members of our Faith Community Nurse Program will conduct a Blood Pressure Screening between all services in the church office. The risks of having high blood pressure include stroke, heart attack, kidney failure and eye damage. We encourage you to take advantage of this FREE screening.

◆ THIS WEEK'S DOOR OFFERING: EMEAN ◆

Please be generous as we donate to help the Eastern Montgomery Emergency Assistance Network (EMEAN) offer short-term assistance for rent, utilities and prescriptions to those in need!

Women's Rogate Circle Meeting

Rescheduled: January 22 at 7:00 pm
Creative Arts Room

Come for fun, fellowship, and a Bible Study as we start off the New Year. Women of all ages and stages are welcome! Rogate meets on the third Tuesday of every month, and alternates between Bible Study and crafts that are used for service projects. Join us for this great opportunity to meet other women of the congregation. **Questions?** Contact Karen Matthiesen at 301-774-5899.

Lutheran Mission Society "Thrift Shop" Collection

Next Sunday, January 27

Donate gently used clothing and household goods to help LMS meet their mission. Especially needed now are men's warm clothing and children's coats. Pack fragile items carefully to avoid breakage on the truck. Boxes are best!

Members Meeting

RESCHEDULED! January 27

Lunch at 12:15 Meeting at 1:00 pm

Join us to get the latest on:

- Call process for seeking new pastors
- Howard County Mission and Amharic Ministry
- Financial update
- New partnership in Christian higher education



Caregiver Support Group

Tuesday, January 22

1 pm – Family Room

7 pm – Conference Room

Are you challenged by caring for a loved one? Come share your joys, concerns and questions with the group. Your knowledge and experience may help others. Join us at either time – bring a friend!

light
YOGA

powered by the Son

Light Yoga

Thursdays thru February 28

7:00 pm – 8:00 pm

Combine the ancient practice of yoga with Christian music, scripture and prayer. Discover how yoga can become a time of renewal and healing in Christ. We will work on stretching, strengthening, balance, breathing and meditation. All levels are welcome – no experience necessary. Come stretch your body and your faith! Bring a yoga mat or beach towel. Free will offering will benefit St. Andrew ministries. Contact instructor Kendra LoBosco at klobosco@gmail.com to register or get more information.



Food Pantry Reminder

St. Andrew Food Pantry is always in need of supplies such as: juices, canned meats, shelf stable milk, jams/jellies, and canned fruit. Please remember to drop off your items in the Coat Room. If you or a family you know of is in need of food assistance, please contact Marilee in the church office.



Preschool Open House

Tuesday, January 30

12:30-2:00 pm

Preschool registration for the 2019-2020 school year will kick off with our Open House on January 29. Members and current students have first priority and may register now. Come and bring your child along to take a tour and learn all about our wonderful, affordable programs for 2s, 3s, & 4s. Spread the word to neighbors and friends! Registration forms and details can be found at mystandrew.org/preschool. **Questions?** Contact Preschool Director Lia Mai Puskar at 301-384-2660 or email lcsapreschool@yahoo.com.

Note: "Snow Date" for Open House is January 31.

NEW BIBLE STUDY

Growing a Heart for God

Mondays at 7:00 pm

Based on the life of King David in 1 & 2 Samuel, explore how to swim against the social currents of today's world focused solely on outward appearances, and instead cultivate the inner condition of our hearts as children of God. Part of the New Community Series by John Ortberg, the 7-week series will include time for study, group discussion and sharing. Starts January 28. Fee of \$15 will cover materials. Contact Patty Belke at pbelke1@gmail.com to reserve a book.

CPR Training

February 17, 12:30 - 3:30 pm

In an emergency, could you give CPR to someone in need? CPR is a basic skill that everyone should know. Recommended techniques have changed in recent years. Come for the first time or get a refresher. The cost of the course is only \$65, Enrollment is limited, no walk-ins allowed. To secure your space, submit a check to Marilee in the office by Friday, February 15. Take a few hours to get this important training. You never know when it might help you save a life!

THIS WEEK AT ST. ANDREW

JANUARY 20 – JANUARY 26, 2019

Sunday	Worship – Sanctuary	8:00, 9:30 & 11:00 am
	Blood Pressure Screening – Office	9:00 am – 1:00 pm
	Adult Bible Study – Creative Arts Room	9:30 am – 10:30 am
	Adult Bible Study – Conference Room	9:30 am – 10:30 am
	Kingdom Kids – Multipurpose Room	9:30 am – 10:30 am
	Confirmation Class – LL117, LL118	9:30 am – 10:30 am
	SALTeens Youth Group – Youth Lounge, LL	9:30 am – 10:30 am
	Children’s Choir Rehearsal – Wellspring Center	10:30 am – 11:15 am
	First Communion Class – Multipurpose Room 118	12:00 noon – 1:30 pm
	Praise Team Rehearsal – Sanctuary	12:00 noon – 2:00 pm
	Funeral Service for Helen Martin – Sanctuary	3:00 pm
	Monday	Church Office Closed – MLK Day
Social Ministry Meeting – CANCELLED		
	Monday Night Worship – Sanctuary	7:00 pm
Tuesday	Men’s Morning Fellowship – Family Room	7:00 am – 8:00 am
	Senior Fit – Great Room	9:15 am – 10:15 am
	Senior Bible Study – Conference Room	12:30 pm – 2:30 pm
	Caregiver Support Group – Family Room	1:00 pm – 2:00 pm
	Caregiver Support Group – Conference Room	7:00 pm – 8:00 pm
	St. Andrew Howard County Bible Study – Linden Hall, Ellicott City, MD	7:00 pm – 9:00 pm
	Global Mission Team Meeting – Wellspring Center	7:00 pm – 9:00 pm
	Rogate Circle Meeting – Creative Arts Room	7:00 pm – 9:00 pm
Wednesday	Women’s Bible Study– Wellspring Center	9:30 pm – 12:00 noon
	Craft Ministry – Creative Arts Room	10:00 am – 2:00 pm
	Common Ground – Various Rooms	6:30 pm – 8:00 pm
	Praise Choir Rehearsal – Salteen’s Youth Lounge	6:45 pm – 8:00 pm
Thursday	Senior Fit – Great Room	9:15 am – 10:15 am
	Light Yoga – Multipurpose Room 118	7:00 pm – 8:00 pm
	Ethiopian Bible Study – Conference Room	7:00 pm – 9:00 pm
Friday	Confirmation Classes – LL117, LL118	7:00 pm – 8:00 pm

***Please disregard calendar on back of bulletin cover,
left over from last week’s “snow day.” Thanks!***