



Wellspring Presents

RENEWAL THROUGH PRAYER: A RETREAT DAY

SATURDAY, JUNE 25, 2011

9:00AM - 4:00PM

Led by Rev. Art Umbach, Pastor & Spiritual Life Director

Hosted by The Lutheran Church of St. Andrew, Silver Spring, MD

A time for rest, reflection, support, counsel, and spiritual direction. The day will include an overview of traditional spiritual disciplines and forms of prayer, as well as an opportunity to explore and enrich the "inner journey" - awareness of God's presence in your life; the "outer journey" - passion for Jesus and a life of service; and the "together journey" - encouragement to build up the community of believers!

**"Early Bird" Registration ('til June 15)
\$40 per person; \$35 each for groups of three or more.**

Get details and register TODAY at www.wellspringweb.org.

Wellspring
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