

# Manna Food Drive: Help Neighbors in Need!

## Next Sunday, February 12



By providing non-perishable foods we can help the Manna Food Center provide needy families in Montgomery County who might otherwise go hungry. Even if you are unable to shop, you can help by making a monetary donation (please make checks payable to "Manna Food Center" and place in the offering plate this morning). Last year 4068 pounds of food was donated by St. Andrew. Let's do our best to surpass that this year!

### Manna Shopping List

#### *We Need Your Help To Fill The Truck!*

*Use this list to fill one or more bags of non-perishable food to share Christ's love with our neighbors! Remember, the food is distributed to individuals and families, so please select individual and family-sized portions – no BULK packages, please.*

- Peanut Butter
- Canned Tuna, Meat or Pasta
- Canned Fruits & Vegetables
- Shelf-Stable Milk
- Cereal & Oatmeal (full size)
- Individual Cereal Boxes
- Rice, Pasta & Beans
- Canned Tomato Sauce
- Macaroni & Cheese
- Soup (cans or microwavables)
- Baby Food
- Individual Applesauce & Pudding Cups
- Juice Boxes that are 100% juice
- Crackers in a sleeve (e.g. Ritz or Saltines)
- Nutritious Cereal & Granola Bars
- Individual Raisin or Other Fruit Boxes
- Small packages of peanuts